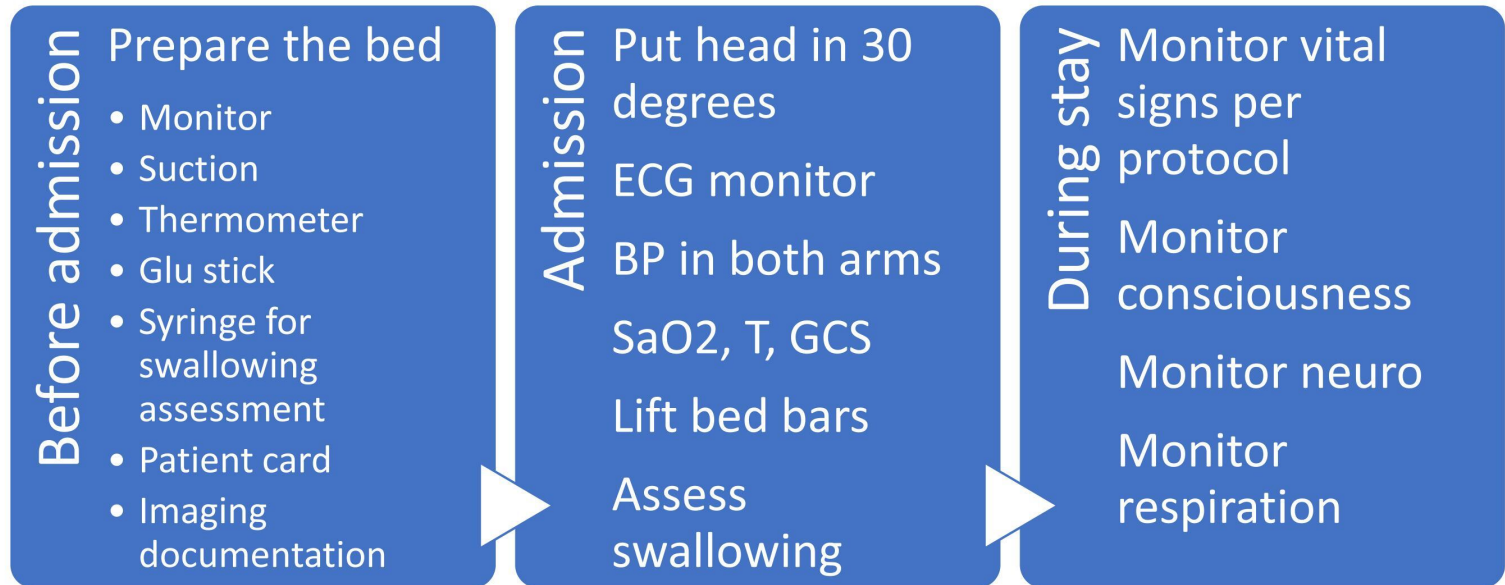

BP treatment in hemorrhagic stroke

Acute treatment of HTN in the first hours after hemorrhagic stroke is safe and leads to reduced hematoma volume that could lead to better prognosis. Treat as per ischemic stroke protocol but aim for SBP < 140 mmHg

SOP in Greek attached

Outline:



Aim

Adequate respiratory function is prerequisite for maintaining oxygen transfer to the brain in acute stroke.

Clear airways (from foreign bodies or food) and preventing pulmonary infections (by clearing bronchial secretion) are primordial.

Take measures in order to avoid pulmonary congestion and inhalation pneumonia.

Doctor

- 1) Clinical evaluation: LOC, cyanosis, pulmonary auscultation, assessment of breathing frequency and pattern
- 2) **Medical orders :**
 - a. Oximetry monitoring
 - b. Oxygen supplementation if necessary
 - c. Respiratory physiotherapy
- 3) Decides if compromise of respiration is imminent in order to proceed to mechanical support and intubation

Nurse

Diagnosis :

- Respiratory compromise
- Bronchial congestion
- Cough reflex abolition
- Bed sores
- Inhalation

Interventions :

- Remove any dental prostheses
- Clinical evaluation: skin color, bronchial congestion
- Inform the attending physician for abnormal pattern or frequency of respiration
- Place the patient on the bed and elevate the head up to 30 degrees, elevate the head if vomiting is imminent
- Assess for swallowing disorders
- Monitor oximetry
- Bronchial suction
- Educate patient if possible

Physiotherapist

- 1) Completes assessment
- 2) Respiratory physiotherapy

Aim

Hyperthermia in the acute phase after stroke leads to worse outcome.

Post-stroke infections are usually UTIs or pneumonias.

Doctor

- 1) Prescribes the frequency of body temperature taking.
 - 2) Any rise in body temperature should prompt for etiologic work-up of probable infection.
 - a. Treat fever > 37,8 °C with paracetamol
 - b. If T > 38.5 take blood cultures, order CXR and urinalysis and urine culture.
- Antibiotic therapy can start empirically, but it should be adapted according to culture results and antibiogram.

Nurse

Diagnosis:

Hyperthermia

Infection risk associated with :

1. *Ineffective protection of airways*
2. *Ineffective clearing of bronchial secretions*
3. *Incomplete bladder emptying*
4. *Urine incontinence*
5. *Urine retention*
6. *Dysphagia*

Increased infection risk related to:

1. *Diminished level of consciousness.*
2. *Gag reflex suppression.*
3. *Inability to maintain sitting posture.*
4. *Immobilization.*

Interventions :

- 1) Body temperature at admission
- 2) Screen for infection risk factors and recognize patients at risk
- 3) Risk factors: age, comorbidities (COPD, diabetes, cancer etc)
- 4) Monitor temperature
 - ↳ If T > 38.5 take blood cultures, order CXR and urinalysis and urine culture.

Infection prevention:

- 5) Wash hands before and after caring for the patient

AIM

Regular surveillance of electrolyte balance is important to avoid cerebral edema, hemoconcentration and other metabolic disturbances that could increase thromboembolic risk

Doctor

- 1) IV hydration with Normal Saline 0.9% at a rate 80-120cc/h
- 2) In elderly patients and those with cardiac failure: 500cc/24h.
- 3) Chemistry panel and complete blood count at admission
- 4) Adjust electrolyte according to chemistry panel results
- 5) Check for fluid overload
- 6) Order central venous catheter if necessary

Nurse

Diagnosis:

Electrolyte disturbances due to dehydration because of inadequate fluid intake related to dysphagia or severe hemiparesis.

Interventions:

- 1) Confirm correct placement of peripheral vein access
- 2) Replace peripheral vein if blocked
- 3) Monitor diuresis, check for peripheral edema

AIM

Hyper- and hypo-glycemia in acute stroke are correlated with worse prognosis.

Medical treatment is indicated when Glucose > 150 mg/l

Insulin scale:

- 2 U Actrapid if glucose between 144 - 180 mg/dl
- 4 U Actrapid if glucose between 180 - 216 mg/dl
- 6 U Actrapid if glucose between 216 - 252 mg/dl
- 8 U Actrapid if glucose between 252 - 288 mg/dl
- 10 U Actrapid if glucose between 288 - 324 mg/dl
- 12 U Actrapid if glucose >324 mg/dl

Patients with enteric nutrition:

- treat with insulin before meals
- insulin pump is persistent hyperglycemia starting at 0,5-1U/h

Patients with persistent high glucose values (>270 mg/dl):

- insulin pump (0,5-1U/h)

Patients with insulin-dependent diabetes mellitus:

- Patients at risk of ketoacidosis if insulin treatment is withheld. Insulin pump in initiated titrated according to the usual total daily insulin dose. For example, if patient injects 12U+14U daily, we start at 1U/h.

If glucose < 108mg/dl we reduce to 0,5U/h.

In hypoglycemia we proceed with immediate glucose administration but we generally avoid withholding insulin treatment.

Doctor

- 1) Checks for history of diabetes mellitus
- 2) Determines glucose check frequency
- 3) Prescribes insulin if necessary, sc or IV if glucose > 400mg/dl
- 4) If CTA is ordered, treatment with metformin is withheld for 2 days

Nurse

Diagnosis :

Regularly check blood glucose

- 1) Monitor of blood sugar
- 2) Recognize signs of hypoglycemia and rechecks blood sugar

AIM

Check regularly for signs of lower limb venous thrombosis.

Doctor

- 1) Orders mobilization of stroke patient 24 hours post admission if she/he is neurologically stable unless critical extra- or intra-cranial stenosis that could jeopardize brain perfusion at upright position.
- 2) Hemodynamic assessment of intracranial arteries is performed at admission with transcranial Doppler by the attending physician.
- 3) Prophylactic treatment with LMWH within 24h in patients with ischemic stroke for patients that cannot be fully mobilized. Assess renal function and adjust dose accordingly.
- 4) Intermittent pneumatic compression devices are placed in patients with contraindications to anticoagulation such as hemorrhagic stroke before stabilization.
- 5) In hemorrhagic stroke placement of intermittent pneumatic stockings at admission and after brain imaging confirmation of stabilization of hematoma LMWH 24-48 hours later.
- 6) **Prescribe early patient mobilization but not within 24 hours of admission**

Nurse

Diagnosis:

All stroke patients are a priori considered at risk for:

- DVT
- Pulmonary embolism

Interventions:

- 1) Hypoesthesia, severe paresis, expression aphasia and impaired vasomotor reflex in lower limbs predispose for DVT.
- 2) Prevention consists in early patient mobilization and prophylactic dose of LMWH after medical prescription.
- 3) **Non pneumatic stockings are inefficient in preventing thrombotic complications.**

Physiotherapist

Passive or active patient mobilization should start as soon as possible.

Aim

Antiplatelet treatment (Aspirin initial dose 325mg, then 100mg/day) is initiated at admission unless IVtPA is performed; in that case antithrombotic treatment may be initiated 24hours after uneventful treatment.

Anticoagulation therapy (heparin, LMWH) at therapeutic doses is not indicated in acute ischemic stroke even in the case of atrial fibrillation.

In special cases anticoagulation may be prematurely started : presence of intracardiac thrombus, thrombus residing on an atherosclerotic plaque or extracranial artery dissection.

Selecting antithrombotic therapy should consider risk benefit ratio, as the risk of symptomatic hemorrhagic conversion is increased with ischemic lesion volume, high blood pressure etc.

Doctor

- 1) Antithrombotic therapy should be initiated shortly after the diagnosis of ischemic stroke
- 2) Therapy selection depends on :
 - a. Ischemic stroke volume
 - b. Ischemic stroke etiology
 - c. Patient comorbidities
 - d. Patient's general state
- 3) LMWH dosing is titrated according to patient's weight and renal function
- 4) When antivitamin K is preferred aim for INR 2-3 unless metallic valves or special indications
- 5) Direct oral anticoagulation treatment: estimate GFR and prescribe dose according to guidelines for each DOAC
- 6) No antithrombotic treatment within 24 hours of IVtPA unless concomitant intravascular treatment that necessitated intraarterial stent placement.

Nurse

Diagnosis

1. Check for any sign of hemorrhage after tPA
2. Assess for hypotension, tachycardia and other signs of internal bleeding after tPA.

Aim

Pain should be treated regardless the cause.

Doctor

First choice is paracetamol. Treatment should be promptly initiated.

Nurse

Diagnosis:

Acute pain

Chronic pain exacerbation

Interventions:

Assess for pain regularly

Careful attention to aphasic patients that can express pain non-verbally

Carefully place the patient into bed

Carefully mobilize patient

Protect the hemiplegic shoulder

Aim

10-20 % of patients with ischemic stroke may develop brain edema 3-5 days post stroke. In severe cases brain edema may lead to brain herniation and death. Patients with large hemispheric infarcts, especially when young, are at risk of malignant cerebral ischemia.

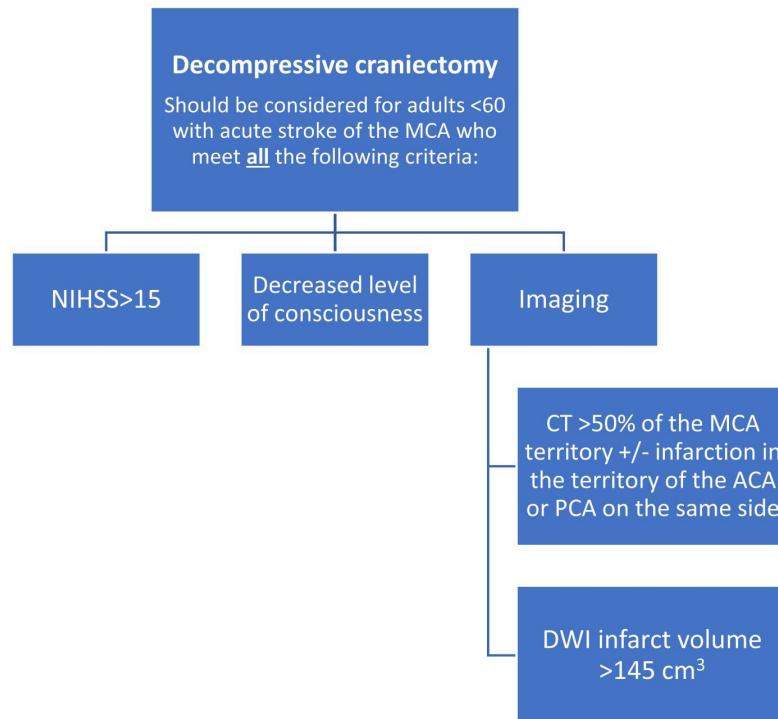
Doctor

- 1) Osmotic treatment is not of proven benefit, have short-term effects and may lead to deterioration.
- 2) Patient's head should be lifted at 30°.

Nurse

Diagnosis:

Assess LOC and immediately communicate any deterioration
Regularly check for pupil size asymmetry



Should be performed within 48h from onset

Craniectomy diameter should be >12cm

Neurosurgeon responsible: Dr Stavrinou

The neurosurgeon should be pre-notified for any patient at risk for malignant infarction

Typical presurgical measures should be taken

Nil per nasogastric tube

Coagulation panel

Ask for at least 2RBCs

Intracranial hemorrhage

Surgical treatment is absolutely indicated in **cerebellar hematoma** causing either direct pressure on the brain stem or hydrocephalus or in cases when the patient deteriorates.

In supratentorial hematomas, neurosurgery should be considered in **sizeable lobar hemorrhages that are <1 cm from the surface of the brain**. Comatose patients should be intubated and transferred to the intensive care unit.

Otherwise surgery is generally associated with a worse outcome, especially in deep ICH and in patients who are already in a coma. In cases of **impending herniation** immediate surgical evacuation of the hematoma can be life-saving and treating options should be thoroughly discussed with family.

A neurosurgical evaluation is demanded at admission in ICH patients other than those that are stable with limited deep ICH.

At day 2 a CT or MR scan of control is made to assess for evolution or complications of the hematoma.

During working hours Dr Stavrinou is called to assess a stroke patient. At night and on weekends the neurosurgeon on duty is called.

Hypertonic NaCl solution of 2% for the treatment of cerebral edema.

Use a good peripheral venous catheter; no central venous catheter needed.

Get a solution with 500cc N / S and remove 50cc. Add to this 15% 50cc NaCl (ampoules of 10 and 20 ml). We therefore produce a hypertonic saline concentration 2.03%.

Then administer 500cc of this solution at a rate not exceeding 75cc/hr. Sodium should be measured every 6 hours aiming 145-155mg/dl.

We usually start at 30cc / hour for the first six hours and gradually raise the rate of infusion according to sodium values.



E1 stroke pathways, treating ICH
associated with VKA treatment

Date: 01SEP22
Code: E.1.16
Version: 2.0

Treating ICH due to antivitamin K treatment with PCC (prothrombin concentrated complex):

If INR <2 no PCC

If INR ≥ 2 PCC give Beriplex at 30 iu/kg. Each Beriplex contains 500iu/vial. Slow bolus at 3 min for every vial. Each vial after reconstitution with water for injection will contain 20ml. Infusion rate should not exceed 8ml/min.

Example: For a 80kg patient we will give 5 vials to cover the dose of 2400iu. 5 vials are to be infused in 20 minutes.

**ΓΕΝΙΚΑ ΥΠΟΣΤΗΡΙΚΤΙΚΑ ΜΕΤΡΑ ΑΝΤΙΜΕΤΩΠΙΣΗΣ
ΕΝΔΟΕΓΚΕΦΑΛΙΚΗΣ ΑΙΜΟΡΡΑΓΙΑΣ**

Επιμέλεια: Γ. Τσιβγούλης, Α. Σαφούρης, Ο. Καργιώτης



ΜΟΝΑΔΑ ΑΕΕ

ΔΙΕΥΘΥΝΤΗΣ: Ε.ΣΤΑΜΠΟΥΛΗΣ

- * Ενδοφλέβια χορήγηση N5S για ενδοέκτοση: 1,5-2 λίτρα ημερησίως σε ασθενείς χωρίς ιστορικό Καρδιακής Αναπάρξεως και 0,5-1 λίτρο ημερησίως σε ασθενείς με ιστορικό Καρδιακής Αναπάρξεως
- * Αποφυγή χορήγησης ορών που περιέχουν γλυκόζη (αποφυγή χορήγησης D/W 5%)
- * Χορήγηση οξυγόνου με ρινικό σωλήνα (3 L/min) εφόσον ο κορεσμός του οξυγόνου είναι <95%
- * Αντιμετώπιση της σοβαρής υπογλυκαιμίας (<50 mg/dl) με την ενδοφλέβια χορήγηση δεξτρόζης ή διαλύματος γλυκόζης συμπύκνωσης 10%-20%.
- * Εκτίμηση κατάποσης πριν από την έναρξη σίτισης του ασθενούς
- * Έναρξη σίτισης μέσω ρινοστομικού σωλήνα εντός 48 ωρών σε ασθενείς με ΑΕΕ και διαταραχές της κατάποσης.
- * Σε κλινική υποψία ανεμονίας από εισρόφιση ή στρογγυλοποίηση συνιστάται άμεση εργασιακή έναρξη αντιβιοτικής αγωγής μετά από συκνώση με τον Ιατρό.
Ενδεικτικά θεραπευτικά σχήματα σε κλινική υποψία ανεμονίας από εισρόφιση:
1. iv Begalin 3gx3 2. iv Tazocin 4,5gx3 3. iv Meropenem 2gx3.
- * Δε συνιστάται η χορήγηση συμπληρωμάτων διατροφής
- * Συνιστάται η άμεση κινητοποίηση του ασθενούς (>48 ώρες)
- * Σε ασθενείς με Ιατρικό ΑΕΕ και περιορισμένη κινητικότητα συνιστάται η εφαρμογή συσκευών εξωτερικής στήριξης των άκρων.
- * Η τοποθέτηση ελαστικών καλτσών δε σχετίζεται με την αποπληθυστική πρόληψη της εν τω βήθα φλεβοθρόμβωσης σε ασθενείς με Ενδοεγκεφαλική Αιμορραγία και θα πρέπει να διενεργείται μόνο μετά από σχετική συκνώση με τον Ιατρό.

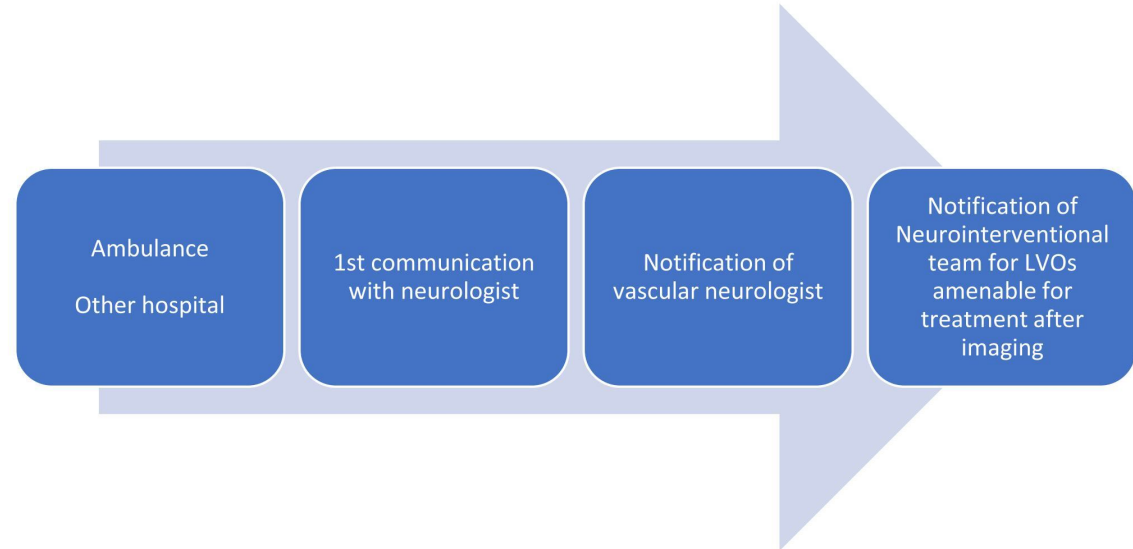


E.2 There are conceptual written protocols in relation to the EMS, ED, and referring institutions.

**Date: 01SEP22
Code: E.2.1
Version: 2.0**

Metropolitan Hospital is a private Hospital that does not make part of the National System of Care and public ambulances are not allowed to transfer patients to private hospitals.

Metropolitan Hospital's ambulances have their own protocols for acute stroke patients. The attending neurologist will be informed when an ambulance is sent for a possible acute stroke patient. She/he will inform the vascular neurologist on call. After arriving to the scene, there will be a telephone call of the doctor or nurse in the ambulance to confirm suspicion of possible stroke and the stroke team will be notified.



1. Notify neurologist
2. Keep patient lying
3. Check BP from both hands
4. Glucose measurement
5. Secure 2 IV lines
6. Blood tests to be sent ASAP: Complete blood count, INR, PT, PTT, Glu, Ur, Cr, Na, K, CRP, Troponin, SGOT, SGPT
7. Ask for brain CT and prepare admission documents
8. If possible, check for
 - i. time of onset
 - ii. antithrombotic treatment
 - iii. recent surgery



E3 There are conceptual written protocols for all needs of rehabilitation

Date: 01SEP22

Code: E.3

Version: 2.0

Initial evaluation of patient independency is performed by SU's neurologist using the modified Rankin Score, Barthel Index and Glasgow Coma Scale (in Greek)

Stroke patients are evaluated by a specialist doctor in rehabilitation, Dr , specialist in physical and rehabilitation medicine, is the Medical Director of the Department of Physical Medicine and Rehabilitation of Metropolitan Hospital.

See attached CV.

Patients with minor deficits take work leave at discharge, and physiotherapy is prescribed.

The image shows a medical form titled "ΑΠΟΔΟΧΗ ΑΞΙΟΛΟΓΗΣΗΣ ΜΕ ΑΕΕ ΒΑΣΕΙ ΚΑΙΜΑΚΑΣ RANKIN, BARTHEL & GCS". It includes sections for patient information, a list of evaluation criteria, a table for Barthel Index scores, and a table for Glasgow Coma Scale (GCS) scores. The form is filled out with handwritten data, including patient name, date, and scores for each category.

| ΚΑΤΗΓΟΡΙΑ | ΑΠΟΔΟΧΗ |
|-----------------------|---------|
| Επίπεδο συνείδησης | 1 |
| Αυτοεξυπηρέτηση | 2 |
| Μετακίνηση | 3 |
| Μετακίνηση στην κλίση | 4 |
| Μετακίνηση στην κλίση | 5 |
| Μετακίνηση στην κλίση | 6 |
| Μετακίνηση στην κλίση | 7 |
| Μετακίνηση στην κλίση | 8 |
| Μετακίνηση στην κλίση | 9 |
| Μετακίνηση στην κλίση | 10 |

| ΚΑΤΗΓΟΡΙΑ | ΑΠΟΔΟΧΗ |
|-----------------------|---------|
| Επίπεδο συνείδησης | 1 |
| Αυτοεξυπηρέτηση | 2 |
| Μετακίνηση | 3 |
| Μετακίνηση στην κλίση | 4 |
| Μετακίνηση στην κλίση | 5 |
| Μετακίνηση στην κλίση | 6 |
| Μετακίνηση στην κλίση | 7 |
| Μετακίνηση στην κλίση | 8 |
| Μετακίνηση στην κλίση | 9 |
| Μετακίνηση στην κλίση | 10 |

Swallowing testing using the Massey protocol

Adapted Massey Bedside Swallowing Screen
J Neurosci Nurs. 2002;34:252-254, 257-260

Patient Name: Stroke Unit

Date of stroke:

Date of screening:

Nurse's name:

Follow the algorithm and circle YES or NO

Can the patient remain in a sitting position unassisted and awake for 15 minutes?

YES →

NO → 1. Nil per os.
2. Maintain oral hygiene.
3. Inform speech therapist.
4. IV fluids.

Is patient's mouth clean? If not, immediately remove any foreign bodies.

YES →

NO → 1. Nil per os.
2. Maintain oral hygiene.
3. Inform speech therapist.
4. IV fluids.

Is the patient able to:

1. Cough twice?
2. Swallow oral secretions?

YES →

NO → 1. Nil per os.
2. Maintain oral hygiene.
3. Inform speech therapist.
4. IV fluids.

Help patient into a sitting position and give 0.5ml teaspoon of water 3 times. Place your finger on patient's throat and feel the movement during swallowing. Assess for:

Absence of movement
Cough
Voice sounding gurgly (ask patient to say aah)

YES → 1. Nil per os.
2. Maintain oral hygiene.
3. Inform speech therapist.
4. IV fluids.

NO →

Assess patient while drinking 1/2 of a glass of water (without straw). Any of the following?

Absence of movement
Cough
Voice sounding gurgly (ask patient to say aah)

YES → 1. Nil per os.
2. Maintain oral hygiene.
3. Inform speech therapist.
4. IV fluids.

NO →

Start a free diet, taking into consideration patient preferences and checking before feeding the presence of dental implants.
Keep assessing for immediate or late coughing after feeding, any change in voice, and fever suggesting aspiration pneumonia.
Any of the above prompt immediate call to the speech therapist.

Dr Kefalonitis, neurologist: external associate that visits the Stroke Unit 3/wk when assessments for Fiberoptic endoscopic evaluation of swallowing (FEES) are needed.

Patients needs for nutrition are discussed with the dietician.

We avoid gastrostomy placement in the first month post stroke. In selected patients with severe stroke, gastrostomy may be placed endoscopically by Dr Grammatopoulos, gastroenterologist.

A report of the diagnostic testing follows the patient at the transfer to the rehabilitation center to inform speech therapists and nurses.



E4 The stroke team establishes and works after a defined concept for swallowing disorders
Metrics

Date: 01SEP22
Code: E.4.2
Version: 2.0

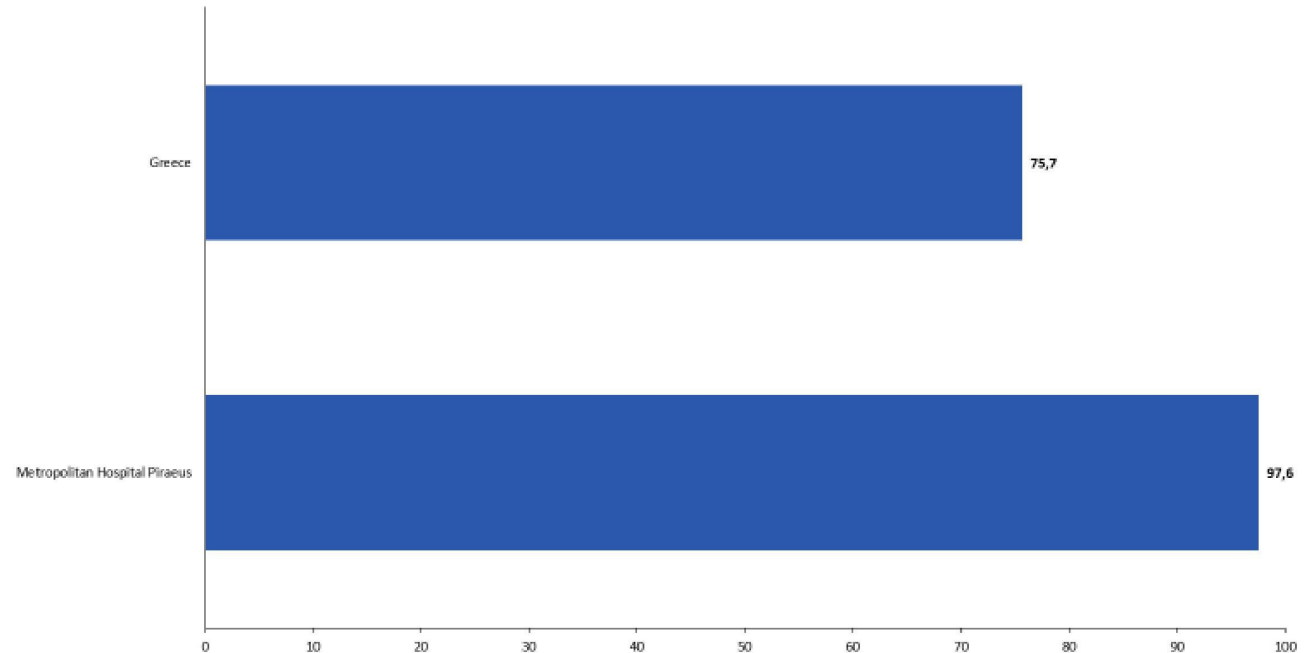


Greece

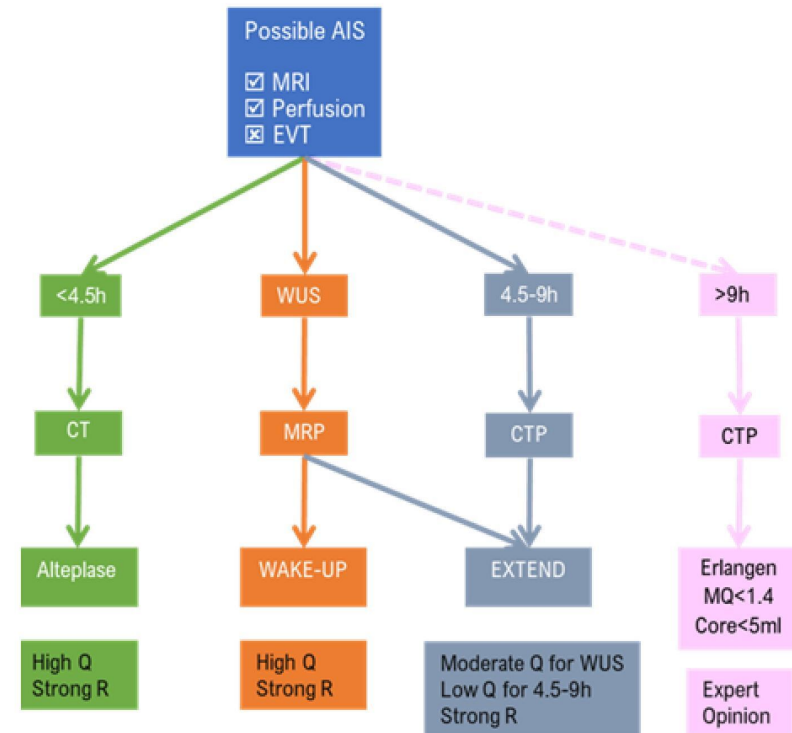
Data Summary Y-2021

Report was generated on July 18, 2022.

% Swallowing Screening Time within First 24 Hours after Admission



State-of-the-art acute ischemic stroke algorithm for non-LVO stroke.
 The indication is always made by the vascular neurologist who is physically present.
 Vascular neurologists are required to be present at the hospital within 30 minutes of code stroke.



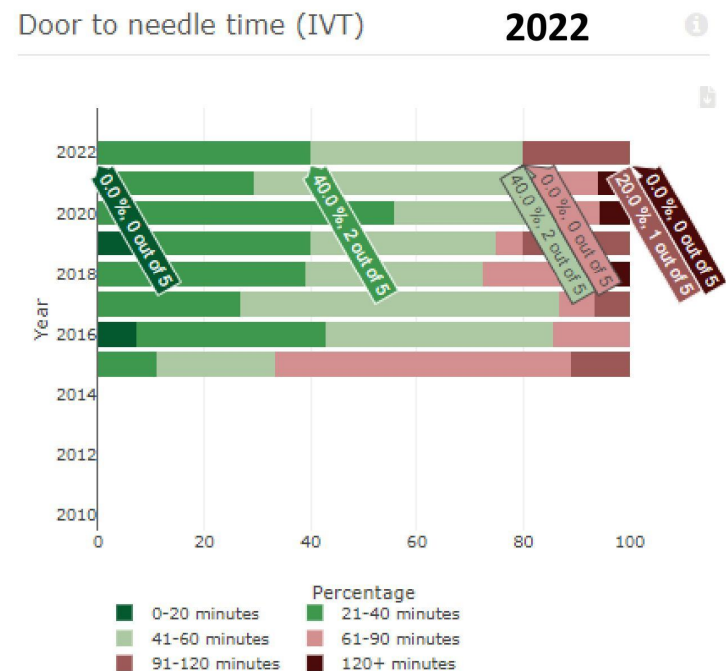
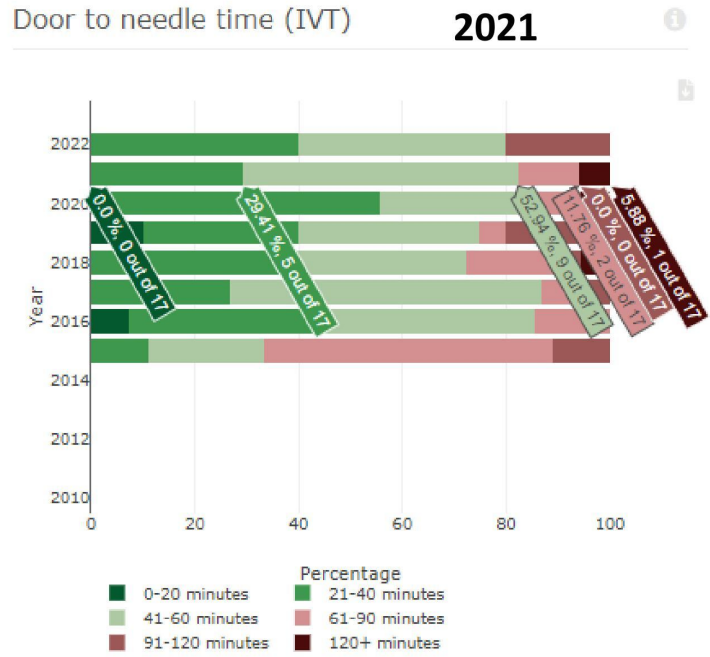
Magoufis G, Safouris A, et al. Acute reperfusion therapies for acute ischemic stroke patients with unknown time of symptom onset or in extended time windows: an individualized approach. Ther Adv Neurol Disord. 2021 Jun 2;14:17562864211021182. Free full-text available at <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8175833/>



E5 IVT. Time from EMR arrival to thrombolysis (e.g., **Door to needle time**, complication rate) will be assessed and documented.

Date: 01SEP22
Code: E.5.2
Version: 2.0

***Door to needle times** were significantly increased throughout the pandemic. All patients need to be checked for Covid infection before being admitted. Any Covid positive patient, even if she/he presents with acute ischemic stroke, is prohibited by law to be hospitalized in non-Covid hospitals. Only selected public hospitals in Greece accept Covid patients.*





E5 IVT. Time from EMR arrival to thrombolysis (e.g., Door to needle time, complication rate) will be assessed and documented.
Time metrics SITS registry 2021

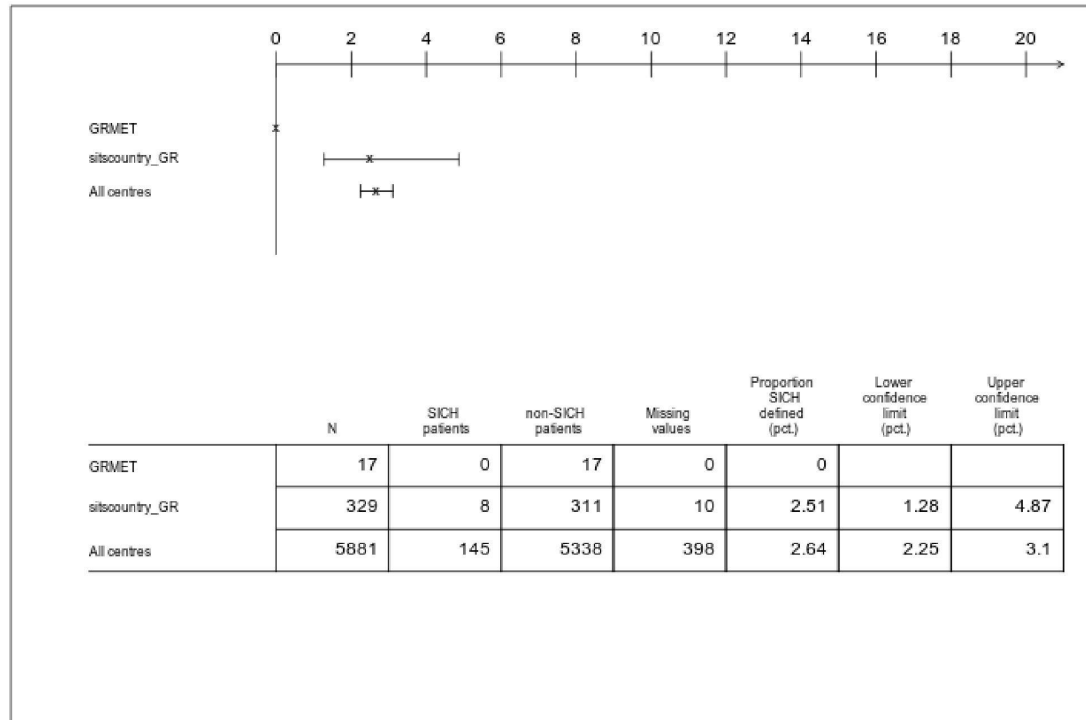
Date: 01SEP22
Code: E.5.3
Version: 2.0

| Time delay (minutes) | | Centre | Country | All centres |
|--------------------------------------|--------|--------|---------|-------------|
| Onset to treating hospital/door time | Median | 120.0 | 110.0 | 120.0 |
| Door to imaging study time | Median | 22.5 | 28.0 | 25.0 |
| Door to treatment/needle time | Median | 50.5 | 60.0 | 57.0 |
| Onset to treatment/needle time | Median | 185.0 | 175.0 | 160.0 |

Country: Greece
Centre Id: GRMET
Output type: timeLogisticsDelay
User Id: strokeunitmetropolitan-hospitalgr

| all parameters in search | parameter value |
|--------------------------|--------------------------|
| Day Interval | 2021/01/01 to 2021/12/31 |

SICH-ECASS REPORT



Supplementary search criteria: getProtocol in ("standard1", "ivtmini"), (getDateStrokeOnSet BETWEEN "2021/01/01 00:00"

Date and hour of report data: 20220808 13 (Ymd H)

User printing report: strokeunitmetropolitan-hospitalgr

**Country: Greece
 Centre Id: GRMET
 Output type: sichECASS
 User Id: strokeunitmetropolitan-hospitalgr**

| all parameters in search | parameter value |
|--------------------------|--------------------------|
| Protocol | standard1_ivtmini |
| Day Interval | 2021/01/01 to 2021/12/31 |

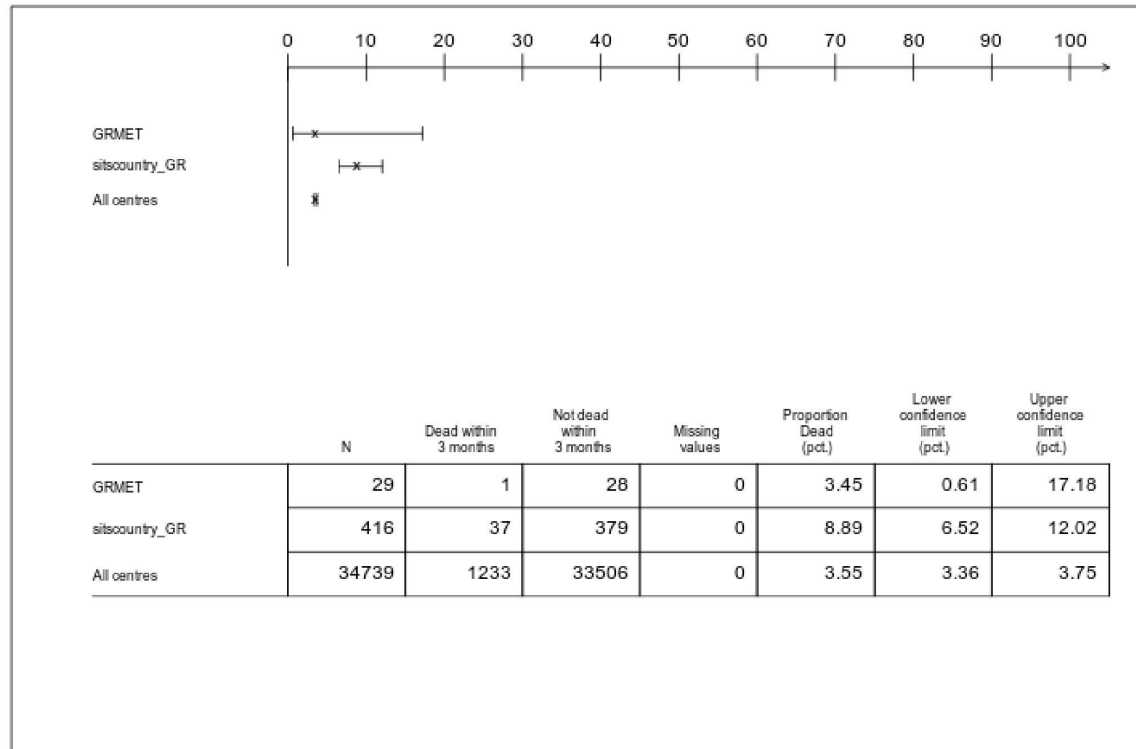
Country: Greece
Centre Id: GRMET
Output type: safetyOutcomeDetails
User Id: strokeunitmetropolitan-hospitalgr

| all parameters in search | parameter value |
|--------------------------|--------------------------|
| Protocol | standard1_ivtpmi |
| Day Interval | 2021/01/01 to 2021/12/31 |

SAFETY OUTCOME DETAILS

| Parameters | | Centre | Country | All centres |
|---------------------------|---------|--------|---------|-------------|
| SICH SITS Most | Percent | 0.00% | 1.23% | 0.71% |
| SICH ECASS | Percent | 0.00% | 2.51% | 2.64% |
| SICH RCT | Percent | 0.00% | 4.01% | 4.14% |
| Death | Percent | 0.00% | 9.14% | 4.59% |
| Significant deterioration | Percent | | | |

Variable: Dead within 3 months


Country: Greece
Centre Id: GRMET
Output type: deathReport
User Id: strokeunitmetropolitan-hospitalgr

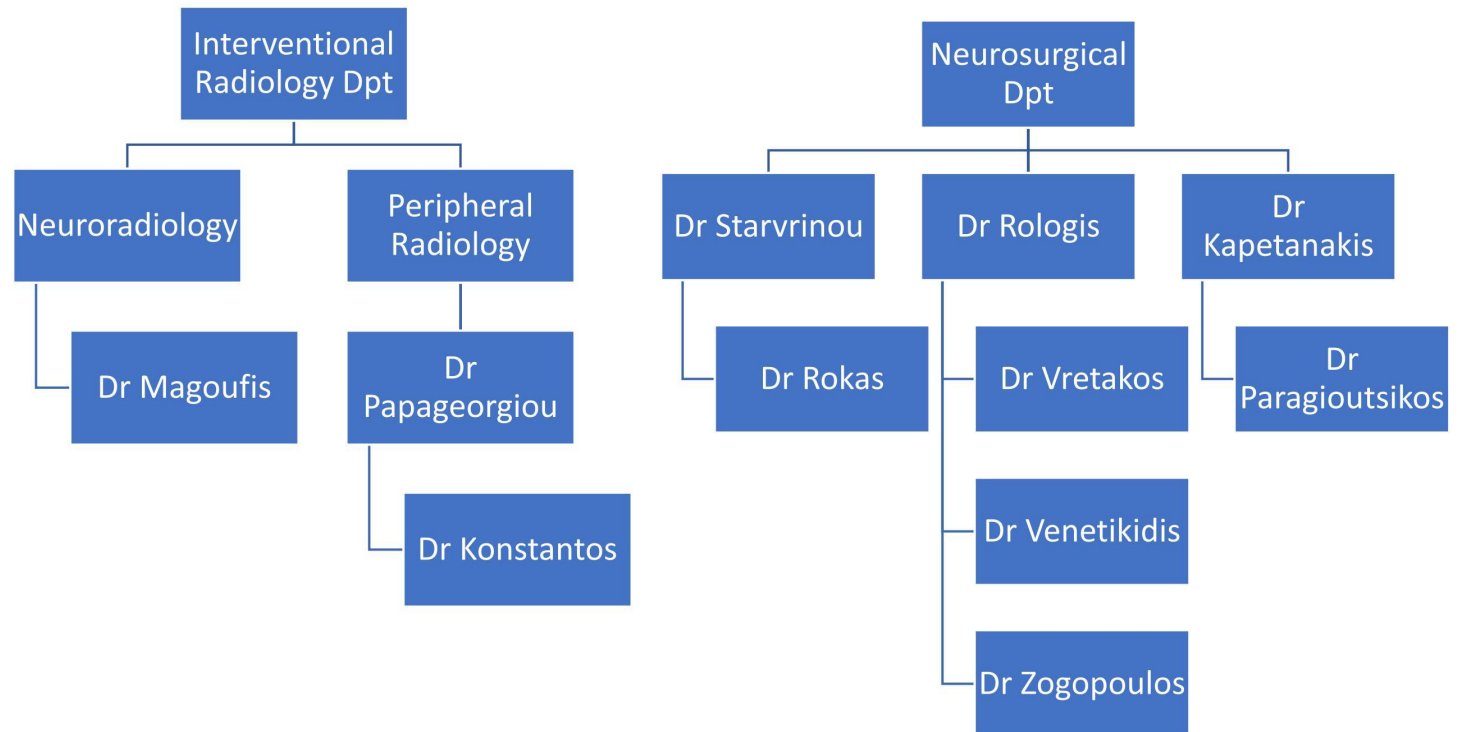
| all parameters in search | parameter value |
|--------------------------|--------------------------|
| Day Interval | 2021/01/01 to 2021/12/31 |

Supplementary search criteria: (getDateStrokeOnSet BETWEEN "2021/01/01 00:00"

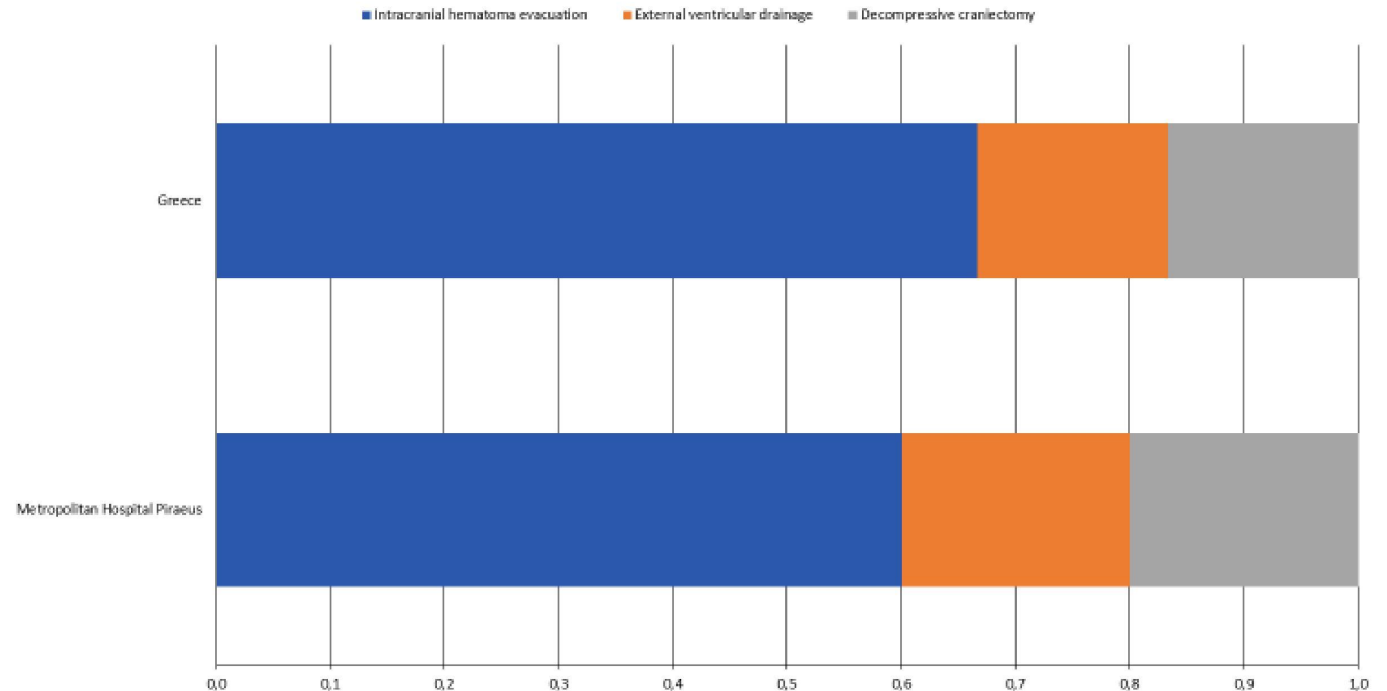
There is at least one
Neurosurgeon 24/7
Dr Stavrinou and Dr Vretakos are regularly
consulted and take part in multidisciplinary
meetings

Dr Magoufis is the only interventional
neuroradiologist, available 24/7. He is
constantly on call for mechanical
thrombectomy and he is available in less than
30 minutes after telephone call all year round.
Unavailability had been less than 3 weeks
during the past year (2021).

In case Dr Magoufis is absent, eligible patients
for mechanical thrombectomy are transferred
to **Metropolitan General Hospital**, part of the
HHG group of Hospitals in which Metropolitan
Hospital is also takes part, **Neurointerventional
Radiologist Dr Gokas Christos**.



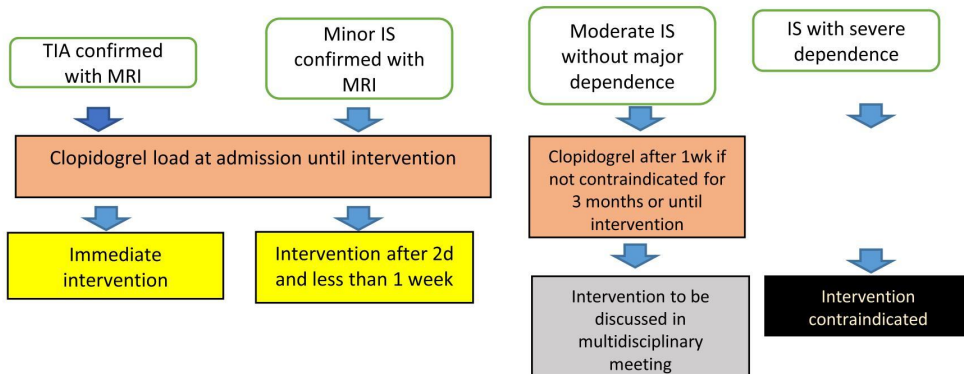
Distribution of Performed Neurosurgery Type for ICH in Comprehensive Centres



Most patients have both CTA and ultrasound assessment of extracranial and intracranial arteries at admission.

Algorithm for symptomatic internal carotid stenosis >50%

Aspirin and high-intensity statins for life
Aggressive medical treatment of CV risk factors



Intervention with stenting or endarterectomy performed

Patient remains in the stroke unit for 24h after procedure

Multidisciplinary meeting to take place as soon as diagnosis of TIA/Stroke and carotid stenosis is confirmed

- Dr Stamboulis
- Dr Kargiotis or Dr Safouris
- Dr Magoufis
- Dr Papapavlou or Dr Bairaktaris or another vascular surgeon

Results of the meeting discussed with the patient or/and his family



E7 Revascularisation of the carotid artery with endarterectomy or stenting are available on site
Staff

Date: 01SEP22
Code: E.7.2
Version: 2.0

The vascular surgeon that is our first contact is Dr Papapavlou and his assistant Dr Bairaktaris, general surgeon.

Dr Magoufis is the only neurointerventionalist in the Hospital.

He has extensive experience in diagnostic and therapeutic (aneurysm, AVM management) neuroradiology and he is actually the most experienced neurointerventionist for mechanical thrombectomy in acute ischemic stroke in Greece.

He is constantly on call for mechanical thrombectomy and he is available in less than 30 minutes after telephone call all year round. Unavailability had been less than 3 weeks during the past year (2021).

| VASCULAR SURGEONS | | | |
|------------------------|-------------------|--------------------------------------|----------------------------|
| NAME | DEPARTMENT | SPECIALTY | PHONE NUMBER |
| DOULAS NIKOLAOS | VASCULAR SURGEONS | Registrar, Vascular Surgeon | 210 480 9910, 210 480 9503 |
| ELEFTHERIOU GEORGIOS | VASCULAR SURGEONS | Director, Vascular Surgeon | 210 48 07 021 |
| ILIOPOULOS IOANNIS | VASCULAR SURGEONS | Director, Vascular Surgeon | 210 480 9000 |
| MARKATIS FOTIOS | VASCULAR SURGEONS | Director, Vascular Surgeon | 210 480 9000 |
| NIKOLOPOULOS EVANGELOS | VASCULAR SURGEONS | Associate Director, Vascular Surgeon | 210 480 9000 |
| PAPADAKIS KONSTANTINOS | VASCULAR SURGEONS | Director, Vascular Surgeon | 210 480 7007, 210 480 7006 |
| PAPAPAVLOU PRODROMOS | VASCULAR SURGEONS | Director, Vascular Surgeon | 210 480 9853 |
| ROKAS GEORGIOS | VASCULAR SURGEONS | Director, Vascular Surgeon | 210 48 09 000 |
| TRACHANELLIS SOFOKLIS | VASCULAR SURGEONS | Registrar, Vascular Surgeon | 210 480 9000 |

List of vascular surgeons available online at: <https://www.metropolitan-hospital.gr/en/services/general-services/surgery/team/itemlist/category/92-vascular-surgeons>
CV of Dr Papapavlou available online at: <https://www.metropolitan-hospital.gr/en/services/general-services/surgery/team/item/487-papapavlou-prodromos#contact>

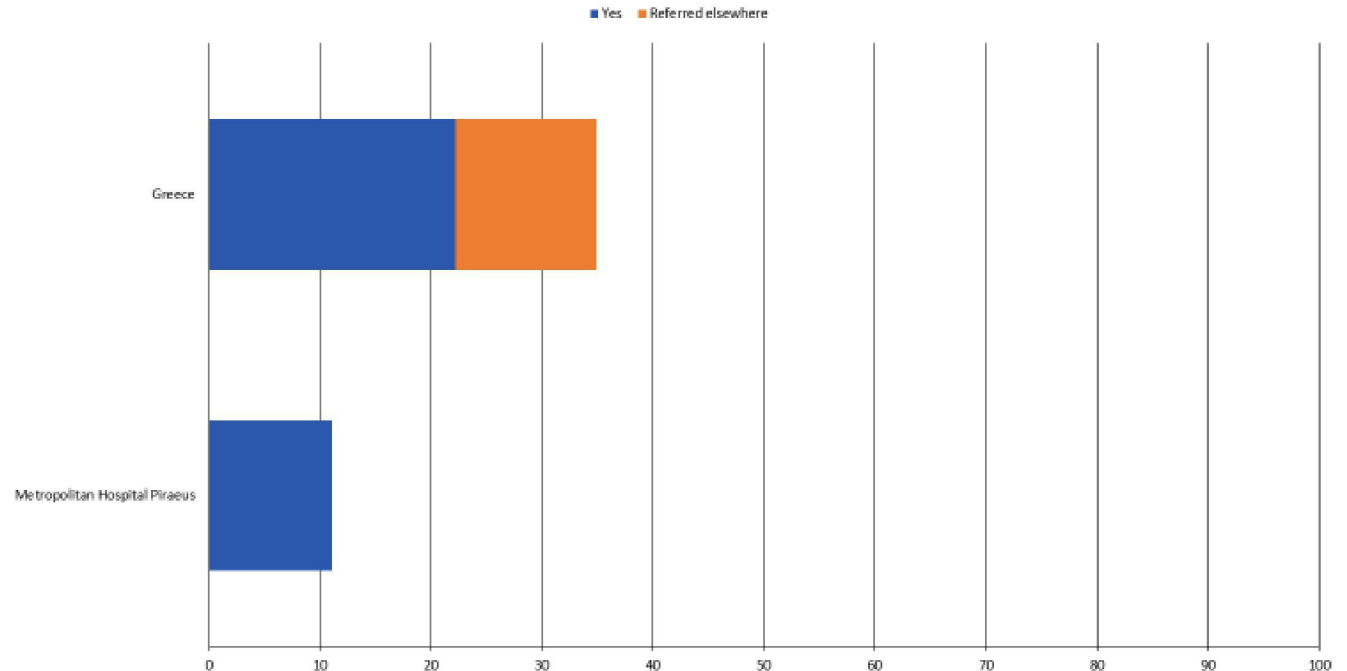


Greece

Data Summary Y-2021

Report was generated on July 18, 2022

% Endarterectomy or Angioplasty / Stenting Done or Planned for IS, TIA with ICA Stenosis > 50%





E8 The infrastructure of the stroke unit allows continuous monitoring of ECG, breathing, blood pressure, pulsoxymetry, and temperature

**Date: 01SEP22
Code: E.8
Version: 2.0**

Stroke Unit: 4-bed unit (A) with monitored beds with integrated scale to measure body weight to calculate alteplase dose (B) showing real-time vital signs to the central station of the nurse.

